

**VALUE CHAIN ANALYSIS UPDATING WORKSHOP FOR PILI**

**MENU**

EGD AT ALBAY		EGD AT SORSOGON		EGD AT MASBATE		EGD AT CAMARINES SUR	
<b>BREAKFAST</b>	Fried rice Scrambled egg Daging Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee
<b>LUNCH</b>	Steamed Rice Porkchop adobo Chopsuey Banana	<b>LUNCH</b>	Steamed Rice Porkchop adobo Chopsuey Banana	<b>LUNCH</b>	Steamed Rice Porkchop adobo Chopsuey Banana	<b>LUNCH</b>	Steamed Rice Porkchop adobo Chopsuey Banana
<b>DINNER</b>	Chicken soup Pork Steak Steamed Rice Mixed fruits	<b>DINNER</b>	Chicken soup Pork Steak Steamed Rice Mixed fruits	<b>DINNER</b>	Chicken soup Pork Steak Steamed Rice Mixed fruits	<b>DINNER</b>	Chicken soup Pork Steak Steamed Rice Mixed fruits
<b>AM SNACKS</b>	Pancit Bihon Cheese Puto Pineapple Juice	<b>AM SNACKS</b>	Pancit Bihon Cheese Puto Pineapple Juice	<b>AM SNACKS</b>	Pancit Bihon Cheese Puto Pineapple Juice	<b>AM SNACKS</b>	Pancit Bihon Cheese Puto Pineapple Juice
<b>LUNCH</b>	In-can Pineapple Juice Toasted bread, Macaronie Salad,	<b>LUNCH</b>	In-can Pineapple Juice Toasted bread, Macaronie Salad,	<b>LUNCH</b>	In-can Pineapple Juice Toasted bread, Macaronie Salad,	<b>LUNCH</b>	In-can Pineapple Juice Toasted bread, Macaronie Salad,
<b>PM SNACKS</b>	Steamed Rice Porkchop adobo Chopsuey Banana	<b>PM SNACKS</b>	Steamed Rice Porkchop adobo Chopsuey Banana	<b>PM SNACKS</b>	Steamed Rice Porkchop adobo Chopsuey Banana	<b>PM SNACKS</b>	Steamed Rice Porkchop adobo Chopsuey Banana
<b>DINNER</b>	Beef Empanada Iced Tea in Bottle	<b>DINNER</b>	Beef Empanada Iced Tea in Bottle	<b>DINNER</b>	Beef Empanada Iced Tea in Bottle	<b>DINNER</b>	Beef Empanada Iced Tea in Bottle
<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee
<b>LUNCH</b>	Plain rice Mixed fruits & Corn and crab soup,	<b>LUNCH</b>	Plain rice Mixed fruits & Corn and crab soup,	<b>LUNCH</b>	Plain rice Mixed fruits & Corn and crab soup,	<b>LUNCH</b>	Plain rice Mixed fruits & Corn and crab soup,
<b>DINNER</b>	Grilled Fish Corn and crab soup,	<b>DINNER</b>	Grilled Fish Corn and crab soup,	<b>DINNER</b>	Grilled Fish Corn and crab soup,	<b>DINNER</b>	Grilled Fish Corn and crab soup,
<b>AM SNACKS</b>	Pancit Bihon Cheese Puto Pineapple Juice	<b>AM SNACKS</b>	Pancit Bihon Cheese Puto Pineapple Juice	<b>AM SNACKS</b>	Pancit Bihon Cheese Puto Pineapple Juice	<b>AM SNACKS</b>	Pancit Bihon Cheese Puto Pineapple Juice
<b>LUNCH</b>	Any Soup Sweet and Sour Steamed Rice	<b>LUNCH</b>	Any Soup Sweet and Sour Steamed Rice	<b>LUNCH</b>	Any Soup Sweet and Sour Steamed Rice	<b>LUNCH</b>	Any Soup Sweet and Sour Steamed Rice
<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee	<b>BREAKFAST</b>	Fried rice Scrambled egg Beef tapa Coffee
<b>AM SNACKS</b>	Bihon Guisado Pork and chicken Adobo,	<b>AM SNACKS</b>	Bihon Guisado Pork and chicken Adobo,	<b>AM SNACKS</b>	Bihon Guisado Pork and chicken Adobo,	<b>AM SNACKS</b>	Bihon Guisado Pork and chicken Adobo,

Day 1

Day 2

Day 0

**SC AT CAMARINES NORTE**

**EGD AT CAMARINES SUR**

Juice in can

**LUNCH**

Steamed Rice

Grilled pork

Mixed Vegetables

Banana

**PM SNACKS**

Sotanghon Guisado

Slice of Chiffon Cake

Iced Tea in Bottle

**SC AT ALBAY**

**AM SNACKS**

Pancit Bihon

Siopao

Orange Juice

**LUNCH**

Steamed Rice

Grilled pork

Tuna Sinigang

Banana

**PM SNACKS**

Bihon Guisado

Banana Bread

Pineapple Juice

**SC AT SORSOGON**

**AM SNACKS**

Pancit Bihon

Siopao

Orange Juice

**LUNCH**

Steamed Rice

Grilled pork

Tuna Sinigang

Banana

**PM SNACKS**

Bihon Guisado

Banana Bread

Pineapple Juice

**SC AT CAMARINES SUR**

**AM SNACKS**

Pancit Bihon

Siopao

Orange Juice

**LUNCH**

Steamed Rice

Grilled pork

Tuna Sinigang

Banana

**PM SNACKS**

Bihon Guisado

Banana Bread

Pineapple Juice

VALUE CHAIN ANALYSIS UPDATING WORKSHOP FOR PINEAPPLE

MENU

FGD AT CAMARINES NORTE

**BREAKFAST**

Fresh Fruit (watermelon)

Daing na bangus

Sunny Side up egg

Plain rice

**AM SNACKS**

Bihon Guisado

Puto

Iced Tea

**LUNCH**

Crab and corn Soup

Grilled pork

Chopsuey

Plain Rice

**PM SNACKS**

Baked Macaroni

Garlic Bread

Juice in can

SC AT CAMARINES NORTE

**BREAKFAST**

Fresh Fruit (Pineapple)

Tochno

Fried Rice

Sunny Side up

Coffee

**AM SNACKS**

Macaroni Soup

Cheese Puto

Pineapple Juice

**LUNCH**

Steamed Rice

Sweet and Sour

Any Soup

Banana

**PM SNACKS**

Pansit Guisado

Slice of Chiffon Cake

Iced Tea in Bottle

MENU

CIP WEB UPDATING WORKSHOP

First Workshop Day 1

**AM SNACKS**  
Pancit Bihon  
Banana Bread  
Pineapple Juice

**LUNCH**

Steamed Rice  
Porkchop adobo  
Chopsuey  
Banana

**PM SNACKS**

Pansit Guisado  
Beef Empanada  
Iced Tea in Bottle

First Workshop Day 2

**AM SNACKS**

Bihon Guisado  
Puto  
Iced Tea

**LUNCH**

Beef Steak  
Mixed Vegetables  
Plain Rice  
Banana

**PM SNACKS**

Sotanghon Guisado  
Siopao  
Pineapple Juice

Second Workshop Day 1

**AM SNACKS**  
Pancit Bihon  
Garlic bread  
Orange Juice

**LUNCH**

Plain Rice  
Beef Steak  
Tuna Sinigang  
Banana

**PM SNACKS**

Sotanghon Guisado  
Banana Bread  
Pineapple Juice

Second Workshop Day 2

**AM SNACKS**

Macaroni Soup  
Cheese Puto  
Buko Juice

**LUNCH**

Steamed Rice  
Sweet and Sour  
Any Soup  
Banana

**PM SNACKS**

Pansit Guisado  
Slice of Chiffon Cake  
Iced Tea in Bottle