

MENU

VALUE CHAIN ANALYSIS FOR DAIRY CATTLE

Camartines Norte (Blended)	Sorsogon (at RDPTC)	Camartines Sur (Batch 1)
AM SNACKS Pancit Bihon Siopao Orange Juice	BREAKFAST Fried rice Scrambled egg Beef tapa Coffee	AM SNACKS Pancit Bihon Cheese Puto Pineapple Juice
LUNCH Steamed Rice Grilled pork Tuna Sinigang Banana	AM SNACKS Pancit Bihon Garlic bread Orange Juice	LUNCH Steamed Rice Porkchop adobo Chopsuey Banana
PM SNACKS Bihon Guisado Banana Bread Pineapple Juice	LUNCH Plain Rice Beef Steak Tuna Sinigang Banana	PM SNACKS Pancit Guisado Beef Empanada Iced Tea in Bottle
PM SNACKS Sotanghon Guisado Banana Bread Pineapple Juice	Catanduanes (Blended)	Camartines Sur (Batch 2)
AM SNACKS Macaroni Soup Cheese Puto Pineapple Juice	LUNCH	AM SNACKS Bihon Guisado Puto Iced Tea
LUNCH Steamed Rice Sweet and Sour Any Soup Banana	PM SNACKS Pancit Guisado Slice of Chiffon Cake Iced Tea in Bottle	Albay (at AFB VIlle)
Masbate (Blended) AM SNACKS Bihon Guisado Siopao Juice in can	LUNCH Steamed Rice Grilled pork Mixed Vegetables Banana	PM SNACKS Sotanghon Guisado Siopao Pineapple Juice
PM SNACKS Sotanghon Guisado Slice of Chiffon Cake Iced Tea in Bottle		

SUPPORT TO ABACA ASSESSMENT

MENU

**1st Coordination Meeting
Albay (at AFB Vile)**

AM SNACKS
Bihon Guisado
Puto
Iced Tea

LUNCH
Crab and corn Soup
Grilled pork
Chopsuey
Plain Rice

PM SNACKS
Baked Macaroni
Garlic Bread
Juice in can
Pineapple Juice

**2nd Coordination Meeting
(Catanduanes)**

BREAKFAST
Fried rice
Scrambled egg
Beef tapa
Coffee

AM SNACKS
Pancit Bihon
Garlic bread
Orange Juice

LUNCH

Plain Rice
Beef Steak
Tuna Sinigang
Banana

PM SNACKS
Sotanghon Guisado
Banana Bread
Pineapple Juice

DINNER

Pork and chicken Adobo,
Sotanghon Soup,
Cucumber juice,
Mixed fruits

BREAKFAST

Daing na bangus,
Sunny Side up egg,
Plain rice
Coffee

AM SNACKS

Macaronie Salad,
Toasted bread,
In-can Pineapple Juice

Day 1

**Presentation of Draft
Results of the Assessment
(Blended)**

AM SNACKS
Pancit Bihon
Siopao
Orange Juice

LUNCH

Steamed Rice
Grilled pork
Tuna Sinigang
Banana

PM SNACKS

Bihon Guisado
Banana Bread
Pineapple Juice

Day 2

BREAKFAST

Fried rice
Scrambled egg
Beef tapa
Coffee

AM SNACKS

Pancit Bihon
Cheese Puto
Pineapple Juice

LUNCH

Steamed Rice
Sweet and Sour
Any Soup
Banana

**Presentation of Draft
Results of the Assessment
(Blended)**

AM SNACKS
Pancit Bihon
Siopao
Orange Juice

LUNCH

Steamed Rice
Grilled pork
Tuna Sinigang
Banana

PM SNACKS

Bihon Guisado
Banana Bread
Pineapple Juice

RPCO 5 AND PPMU IPLAN QUARTERLY MEETING

MENU

LUNCH

Plain Rice

Beef Steak

Tuna Sinigang

Banana

PM SNACKS

Pansit Guisado

Beef Empanada

Iced Tea in Bottle