

ALBAY

Breakfast: Rice, Egg, Tinapa with kamatis, Tocino, Bottled Water, Banana AM Snacks: Spaghetti with chicken, Four seasons Juice Lunch: Rice, Ginataang gabi, Lechon kawali, Banana, Bottled water PM Snacks: Pizza with fries, Coke

Dinner: Rice, Sweet and sour fish, Lumpia, Chopseuy, Bottled water

CAMARINES NORTE

Breakfast: Fried Rice, Sunny side-up Egg, Tapa, banana, Bottled water AM Snacks: Potato salad, banana cake, Bottled Softdrinks Lunch: Adobong Sitaw, Lechon kawali, Kinunot, Rice, Bottled water, Mixed fruits PM Snacks: Bihon with baduya, Orange juice Dinner: Rice, Ginataang langka, Chicken adobo, Banana, Bottled water

CAMARINES SUR

Breakfast: Rice, Pork tocino, Lumpia, Ginataang gabi, Banana, Bottled water AM Snacks: Bihon, Choco moist, Pineapple juice
Lunch: Rice, Pork adobo, Ukoy, Ginataang gabi, Banana, Bottled water
PM Snacks: Penne pasta, Toasted bread, Bottled softdrinks
Dinner: Rice, Fish steak, Cordon bleu, Ginisang toge, apple, Bottled water

CATANDUANES

Breakfast: Rice, Boiled egg, Pork tocino, Tinapa, Banana, Bottled water AM Snacks: Carbonara, choco moist, Pineapple juice Lunch: Rice, fried fish, Ginataang Bamboo shoot, Pork adobo, Banana, Bottled water PM Snacks: Sandwich, Fries, Bottled softdrinks Dinner: Rice, Ginisang Gulay, Chicken adobo. Banana, Bottled water

MASBATE

Breakfast: Rice, Fried tilapia, Longganisa, Banana, Bottled water AM Snacks: Pancit Canton, Turon, Bottled softdrinks Lunch: Rice, fried chicken, Ginataang gabi, Banana, Bottled water PM Snacks: Sandwich, Four season Juice drink Dinner: Rice, Lechon kawali, Ginataang Langka, Pork giniling, Banana, Bottled water

SORSOGON

Breakfast: Rice, Dried fish, Hotdog, Fried Egg, Banana, Bottled water AM Snacks: Camote cue, Palabok, Four seasons Juice Lunch: Rice, Cordon Bleu, Ginataang Gabi, Sweet and sour fish, Banana PM Snacks: Pancit canton, Banana cake, Pineapple juice Dinner: Rice, Chopseuy, Shrimp tempura, Pork adobo, Banana